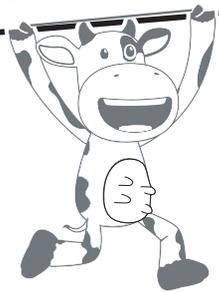


Grade 3 - Activity

Dairy in our daily diet



Help Lucy to make a peanut butter smoothie for an after-school snack.

Add ingredients to the blender by drawing arrows from the products she will need. Colour in the products.

She will need:

- 1 banana
- 2 tablespoons peanut butter
- ½ cup yoghurt
- ½ cup milk

SMOOTHIE

