

## Baked Beans IN TOMATO SAUCE



Each 270 g serving contains

Energy	918 kJ	30%
Sugars	12 g	36%
Fat	1 g	5%
Saturates	0 g	0%
Salt	0 mg	0%

of an adult's guideline daily amount

CHOICE GRADE. We always strive to produce succulent product. Baked Beans in Tomato Sauce, a part of a tasty family meal.

**SERVING SUGGESTIONS:** Use in your favourite casserole. Add to salads. Add chopped onion, parsley, garlic and olive oil and serve as a salad. **PREPARATION:** The contents are already cooked and ready to use. **TO HEAT:** Empty contents into a saucepan and gently heat, stirring occasionally. Do not boil. **TO MICROWAVE:** Empty contents into a microwaveable dish. Microwave on high for 2 minutes, stirring after 1 minute.

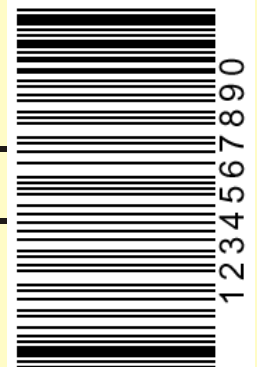
**INGREDIENTS:** SMALL WHITE BEANS (MINIMUM 61%), TOMATO SAUCE (WATER, TOMATOES (MINIMUM 7.8%) (RECONSTITUTED FROM TOMATO PASTE), CANE SUGAR, SALT, MODIFIED MAIZE STARCH (E1401), SPICES. **ALLERGENS:** NONE.

NUTRITIONAL INFORMATION	PER 100 g*	PER 270 g SERVING
Energy	340 kJ	918 kJ
Protein	4.9 g	13.2 g
Glycaemic Carbohydrate	17 g	45 g
of which Total Sugar	4.5 g	12.2 g
Total Fat	0.5 g	1.4 g
of which Saturated Fat	0.1 g	0.3 g
of which Trans Fatty Acids	0.0 g	0.0 g
of which Monounsaturated	0.0 g	0.0 g
of which Polyunsaturated	0.3 g	0.9 g
Cholesterol	0 mg	0 mg
Dietary Fibre (A0AC991.43)	6 g	16.2 g
Total Sodium	273 mg	738 mg
Salt	1 mg	2 mg

\* NUTRITIONAL INFORMATION (TYPICAL ANALYSED VALUES AS PACKED)



NETT MASS  
**410 g**



Manufactured in South Africa

### SERVING SUGGESTION

**STORAGE CONDITIONS:** UNOPENED: KEEP COOL AND DRY. BEST BEFORE DATE ON CAN. OPENED: TRANSFER UNUSED CONTENTS TO A SEALABLE CONTAINER & REFRIGERATE. USE WITHIN 3 DAYS OF OPENING

