

# World School Milk Day 2025!

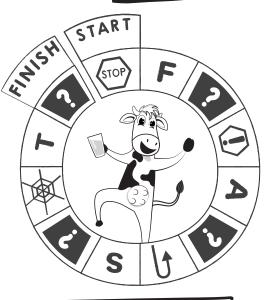
## Dairy Gives You Go!

For strong bones and moves!

# Grade 1 - Chalk adventure map

#### Instructions:

- 1. **Draw a large loop with the chalk:** This is the "path" of your chalk game.
- 2. **Section off the inside of the loop:** These will be the "steps" inside the game for the learners to hop along and win the game.
- 3. Add colour or pictures to some blocks: It's easier for kid's eyes to see which section they need to jump to when you add different colours.
- 4. Add in extra directions: The loop will have 12 blocks in total. The following can be included as examples.



#### What you will need:

- Chalk to draw on the pavement.
- Dice (Tip: make the giant dice out of an old milk or amasi box see: Milk carton box dice)



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### Example of the game guide:

#### **Questions blocks Action blocks** Pitfall blocks **Question marks** are Easy **symbols** are Easy **letters** are drawn on the ground to show drawn on the ground drawn on the ground to show these pitfalls. to show these question these actions block. blocks. 1. Frog hop penalty "F" 1. What do cows eat to make 1. Sticky swamp milk? Penalty: "You got Hop like a frog five times stuck in the swamp! before rejoining the game. Miss a turn. 2. Do we get milk from any other animals? 2. Animal sound penalty "A" Task: Make three animal 2. Frozen cave 3. Which vegetables grow Penalty: "Brrr! You're sounds (your choice or underground? frozen! chosen by other players). Slide back three 3. Freeze like a statue "S" 4. Can you name a fruit that spaces. grows on a vine? Task: Freeze in place for ten 3. Twisty tunnel seconds like a funny statue. Penalty: "You took a 4. Twisty twist "T" wrong turn! Go back to the start! Task: spin in place five times. 4. Spider web trap Penalty: "Caught in a sticky web! Roll a six to escape or wait two turns!" Stay stuck until you roll













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a six or miss two turns.

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