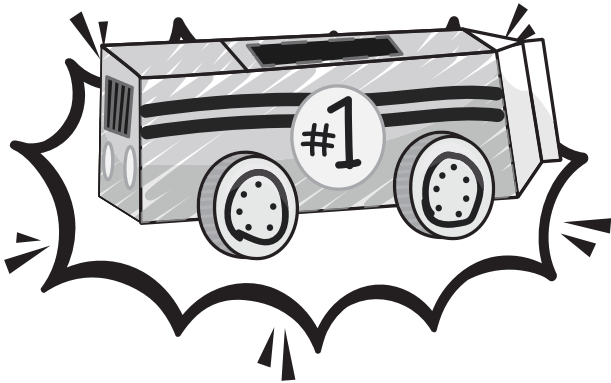




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Dairy Gives You Go!
For strong bones and moves!

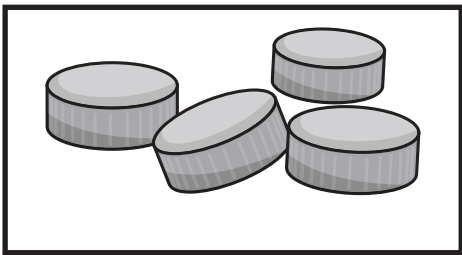
Grade 1 - Milk box car



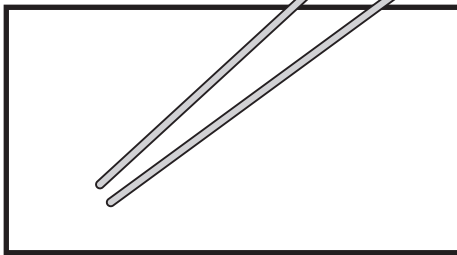
What you will need



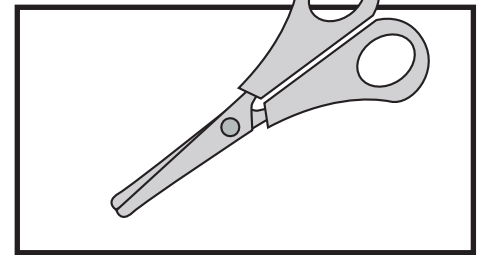
One empty milk carton
(rinsed and dried)



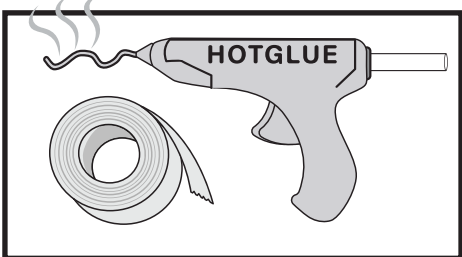
Four plastic bottle caps
(same size) for the wheels



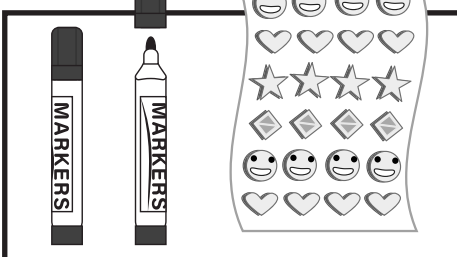
Two wooden skewers
or straws (axles)



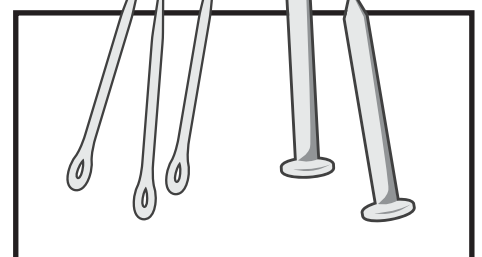
Scissors or craft knife
(adult use only)



Tape or glue (adult
supervision required)



Markers, paint, stickers –
for decorating



A nail or sharp object
to poke holes (adult
supervision required)

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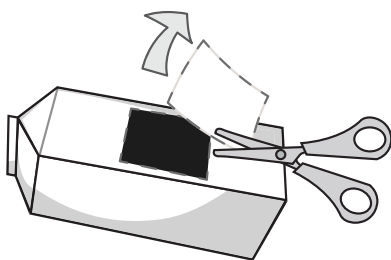
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Instructions:

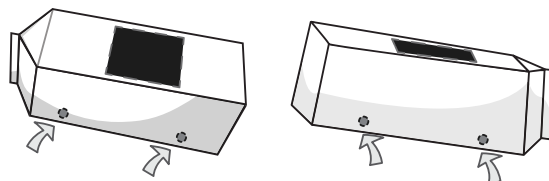
1. Prepare the milk carton:

Cut a rectangle from the top side to make an open-top car, or leave it closed for a race car style.

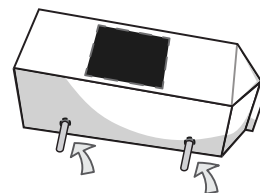


2. Make the wheel axles:

Poke two holes on each side of the milk carton (front and back) near the bottom – make sure they line up.



Insert a skewer or straw through the holes – these will be the axles.

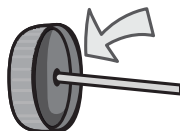


3. Attach the wheels:

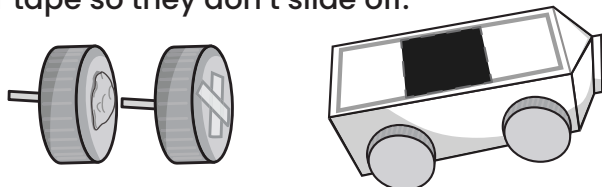
Poke a hole in the center of each bottle cap.



Slide one cap on each end of the skewers.

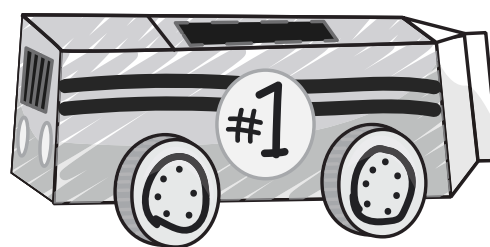


Secure the caps with hot glue, modeling clay, or tape so they don't slide off.



4. Decorate!

Use markers, stickers, paint, or even add paper cutouts for headlights, windows, or a spoiler.



5. Test drive:

Roll the car and see how it goes! Try different designs or ramp angles to see how far it can travel.



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